Smith adds another million miles to safety record

Ask almost anyone involved with BCT about Steve Smith and you’ll get nothing but kind and respectful comments.

Not only does his professional approach to trucking get attention, but so does his safe driving. He’s the latest to reach the very elite group of BCT drivers who have logged more than 2 million miles without a preventable accident.

It was in 2009 when he first joined BCT’s Million Mile Club, just six years after he first leased on with the company.

Pat Robinson is now Recruiting Manager but he spent many years as a Load Planner and dispatcher working with Smith.

“I had the pleasure of dispatching Steve several years ago and he’s a true professional,” said Robinson. “He’s just one of those drivers that once assigned to a load, you didn’t have to worry about it from that point on.”

The bug for driving came at an early age for Smith. His Dad drove truck and he had the chance to ride with him enough to know it was something he enjoyed.

He was delayed during his younger years as he built a career with Wendy’s restaurants. He worked his way to manager and he operated his own store for six years.

After leaving the fast-food business, Smith enrolled in a month-long driving school which gave him the credentials to land his first job. “I was on my own and didn’t know what I was doing,” he said.

Smith said he learned to drive with May Trucking but learned the business of trucking when he

(Continued on page 4)
**Two accidents deemed preventable in March**

“We had two preventable accidents in March, minor in nature, but both definitely could have been prevented,” said Randy Bailey, Manager of Driver Services & Safety.

In his report for March, Bailey noted that the AFR (Accident Frequency Rate) for the month was 1.69 with the two preventables in nearly 1.2 million miles of travel.

Total accident numbers reached 12, Bailey reported.

Those were generally incidents caused by other drivers.

The AFR now stands at 1.57 preventable accidents per million miles of travel.

Owners have had three preventables in 2.3 million miles and company drivers have had two in 842,000 miles.

---

**Owner-Operators:**

**April is time to renew HVUT**

BCT continues to offer the service of filing the HVUT for owner operators and provide an installment payment plan to cover the annual fee. All owner operators will receive a letter in their settlements, asking if they want to file themselves or have BCT file for them. Whatever the choice ALL need to sign and return the form to Driver Services. For those who choose to participate, they need to complete the letter by confirming and/or updating the information provided. This is the time to make any necessary corrections so that the IRS can accurately post your payment.

The second document mailed to those who choose to have BCT file, is a copy of the completed 2290 IRS tax form that needs to be signed and returned to Driver Services. Both documents are time-sensitive and need to be returned as soon as possible and can be faxed. It is a lengthy process that cannot be processed in a timely manner without your cooperation. Thanks up front for your help. If you have any questions at all please do not hesitate to call Driver Services @ 800/544-5989 opt. #4.

-From Danelle Holt
BCT Administration

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**New Drivers**

Welcome to new and returning drivers who have joined the ranks of BCT, Inc. and Boise Trucking Operations during the past month (by publication deadline)

**Saul Rodriguez** of Umatilla, Oregon March 3 as a new Owner-Operator for Wallula.

**Michael Macconnell** of Caldwell, Idaho March 10 as a new Owner-Operator for the I-84 Van Fleet.

**Usbaldo Martinez** of Pasco, Washington March 14 as a new Owner-Operator for the Wallula Chip Fleet.

**Oliva Silverio** of Milton-Freewater, Oregon March 17 as a new company driver at Wallula.

If you’re an Owner-Operator who knows a driver who would be a good ‘fit’ for BCT 1-800-544-5989, Opt. 5.

See Page 13 for details on how you earn cash for your “Driver to Driver” referrals.
Trucking

Improved process result in ‘phenomenal’ results at Wallula

The process of taking inventory at BCT’s largest terminal has in the past been a long and laborious process.

Wallula has a three bay shop long enough to hold three tractors attached to 53-foot trailers.

There’s also a covered area the length of the building dedicated to tire work. The parts room has a supply of everything from nuts and bolts to air valves, brake shoes, lights, hoses and all of the rest to make repairs to trucks and trailers … it easily rivals a small parts store.

At times in the past, it has taken four people several days to complete the process of comparing what was purchased to what was used and is still on the shelves. Thousands of dollars worth of items pass through the shop for repairs at the terminal.

Dan Bernert, BCT GM, said the process of taking the physical inventory has been streamlined because of a reorganized parts room.

And, since parts used are scanned to work orders, accuracy has improved.

“The $289 difference between actual and TMT system generated inventory is phenomenal when you consider the volume of work performed in our Wallula shop,” Bernert said.

Wallula Terminal Manager Andy Sarrazin and Mechanic Rodney Sackett measure door molding (large photo) while BCT Maintenance Manager Brent Martell helps with the inventory process before celebrating the smooth process and excellent results.

Prefer to read the newsletter online?
Go to...


Choose BCT, Inc. Newsletters then any month listed
If you’ve been in an accident (minor incident, animal hit, or anything where damage has occurred)...no matter what time of day or night...Call 1-800-544-5989 #2

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**Steve Smith:**
**BCT Owner reaches two million safe miles**

(Continued from page 1)

leased a truck through Prime Trucking.

A little later he bought a truck, heard good things about BCT, and became an Owner-Operator with the company.

The 2 Million Mile safe driver said that he has a “protective” approach to safe driving. “I look to protect everybody,” he said. “You never know who’s driving the car in front of you….and some driver need more protection than others.”

Since his first Million Mile award, Smith said the biggest change in trucking for him is electronic logging. While he understands why it exists, he doesn’t like that it takes over some of the control he once had over how he managed his driving days.

Smith has praises for BCT as “by far the best company.” While compensation is similar to other companies, he says shop rates, tire prices, fuel discounts and working with good people are all an advantage.

“Steve’s talent for planning his time and getting to where he says he will be exactly when he says is top notch,” said Shana Freedman, the BCT Load Planner with whom he works. “He always keeps me well informed and is respectful of my time as well as his own. I really value that about Steve.”

Her praise continued: “Because of the smart way he plans and how hard he works, I’m not surprised that he has already reached 2 million miles. I am impressed though! Added bonus with Steve is that he has a great sense of humor which makes him really fun to work with!”

Smith makes a number of trips from Idaho back to Alabama and North Carolina.

But there are very few places and loads he won’t take. In fact, he says he has only turned down two loads in his 14 years with the company.

His new truck is his fourth with the company and he puts 140-150,000 miles a year on his rigs.

A second plaque will note his special achievement.

---

**BCT Accident Reporting**

If you’ve been in an accident (minor incident, animal hit, or anything where damage has occurred)...no matter what time of day or night...Call 1-800-544-5989 #2
What do you say to drivers who think wearing a safety belt is a personal decision and doesn’t affect anyone else?

First, it is the law. The Federal Motor Carrier Safety Regulations (FMCSRs) require CMV drivers to wear safety belts. Section 392.16 of the FMCSRs (49 CFR 392.16) states, “A commercial motor vehicle which has a safety belt assembly installed at the driver’s seat shall not be driven unless the driver has properly restrained himself/herself with the safety belt assembly.”

Many people are affected by a person’s decision to wear or not wear a safety belt. The consequences of not wearing a safety belt can greatly affect your family and loved ones.

What would be the effect on your loved ones if you are killed or seriously injured in a crash as the result of not buckling up?

It is your responsibility to maintain control of your vehicle. Safety belts are your best chance of remaining in control of your truck in a crash or emergency situation.

From FMCSA FAQ’s

For Jackson Terminal Manager Amy Barron, working safely means getting home to enjoy family like grandchildren Everlie and Jaxton who are pictured during a cross country flight.

Live safe and work safe to get home to enjoy those who love and depend on you!
The warmer weather seems to bring plenty of wild animals closer to the highways. The ground next to a paved surface warms faster on sunny days, causing early plant growth, which foraging animals love to nibble on. Needless to say, this can present big problems for drivers. Female deer can fawn (have their babies) as early as February and on into July. When pregnant, they graze more and move slower. Wildlife seem to be more active around the highways near twilight and dawn. But still, there are plenty of them during the day and middle of the night. Be alert.

"If you do happen to find a wild animal right in front of your vehicle as you’re cruising down the highway, your BEST chance is to hang on to the steering wheel with both hands as you decelerate and keep your vehicle straight,” said Randy Bailey, BCT Manager of Driver Services and Safety.

”Swerving to avoid an animal at the last second has led to many a driver’s death, and in some cases, the big rig taking out another vehicle.” Hitting a deer or other large animal may total out your truck’s front end. But you will probably be unharmed, where as flipping your truck will have you in the hospital (or worse) in a hurry.

Typically, hitting a deer takes out a portion of bumper and usually a light. Often the grill bumper and hood is involved. Repairs at BCT shops average $500-$1000. That doesn’t account for lost production and earnings.

"Like so much of what we do," Bailey said, "avoiding animals this time of the year is a matter of expecting the unexpected.”
Heart attack symptoms

- Chest pain or discomfort. This includes uncomfortable pressure, squeezing, fullness or pain in the center or left side of the chest that can be mild or strong. This discomfort or pain often lasts more than a few minutes, or goes away and comes back.

- Upper body discomfort in one or both arms, the back, neck, jaw or upper part of the stomach.

- Shortness of breath, which may occur with or before chest discomfort.

- Nausea, vomiting, light headedness or sudden dizziness. Breaking out into a cold sweat
reason: Infections can bring on an inflammatory response, which can trigger a heart attack or stroke. A flu vaccine may help protect against infection-induced heart stress, especially if you’re already at risk.

Bad news for truckers. Exposure to heavy traffic — whether you’re traveling by truck, bike, or public transit — may double your risk of a heart attack, according to a German study. Another earlier study found that death from cardiopulmonary causes was nearly twice as high among people living close to a major road.

One 2012 study linked the popular antibiotic azithromycin (commonly dispensed in packages called Z-Paks) to a higher risk of heart attack death, particularly in people with heart disease. The evidence was not strong enough to change current prescribing practices, although it is a good idea to talk with your doctor about alternative antibiotics if you know you have heart disease.

A 2012 study of 23,000 people in the journal Heart found that those taking calcium supplements had a higher heart attack risk than those who didn’t, although dietary intake didn’t seem to be a problem. As with any supplement, it’s always better to try and get the nutrient from your diet directly. Eating oily fish twice a week and getting outdoors are excellent ways to increase your calcium and vitamin D levels. As always, it’s better to consult your doctor about taking calcium or any other supplement.

Studies have shown that people with gum disease can have up to 25 percent greater risk of heart disease than people with good dental health. The connection is thought to be mouth bacteria, which can trigger chronic inflammation in the blood vessels. It stands to reason if you have disease in the vessels in one area of the body, there is disease in other vessels as well.

Although most people with diabetes fear complications like amputation or vision loss, one of the greatest risks is actually heart disease. People with diabetes are about two to four times as likely to die of heart disease than their same-age peers without diabetes.

Knowing the risks and being proactive in your lifestyle are the best ways to avoid heart disease. If you think you’re having a heart attack, call 911 and get immediate help. The quicker the response and treatment, the less damage caused and more likely you are to survive and recover fully.

Knowing the risks and being proactive in your lifestyle are the best ways to avoid heart disease.

heart attack?
know these symptoms

- pain or discomfort in the chest that doesn’t go away
- the pain may spread to the left or right arm
- or may spread to neck and jaw
- you may feel sick or short of breath

think quick... act fast
Some surprising heart attack ‘triggers’

1. Too much exertion, too quickly
   We all know that a regular exercise program is good for us, but it is important to work up to a level of fitness and not just “jump in.” If you are not used to regular aerobic exercise, sudden and strenuous physical exertion can lead to a heart attack. This can include everything from playing a competitive game of basketball with friends to going hunting and carrying an animal. Too much exertion could also come from sex with a new partner/sexual activity, running or shoveling snow.

2. Cold temperatures
   Cold temperatures add to an increased risk for heart attack because they cause the arteries to constrict, which can cause a sudden increase in blood pressure. Combine this with physical exertion and the effects could be dangerous.
   Each year, shoveling snow sends more than 11,000 people to the hospital. While most have orthopedic injuries, 7 percent have cardiac problems, and many of these are heart attacks.

3. Intense emotions
   It turns out that extreme emotions, both good and bad, can have an impact on the electrical impulses of the heart. Studies show that the stress spanning extreme happiness to acute grief has the ability to spur a heart attack. This is due to the body’s involuntary and sudden increase in heart rate and blood pressure brought on by a surprising event.
   Recent studies of grief have shown that the risk for heart attack is greatest within the first 24 hours of losing a close loved one and can remain high for a month after the person’s death. And sharp anger is another emotion with real consequences for the heart. In a 36-year study at John’s Hopkins, it was discovered that men who are quick to anger are more likely to develop premature heart disease and five times more likely to have an early heart attack.

4. Eating a big meal
   Studies have shown that a heavy meal can trigger a heart attack within a 26 hour period following the meal. The 2014 death of actor James Gandolfini from a heart attack brought this topic to the public domain. Researchers believe that this could be because eating raises levels of the hormone norepinephrine, which can increase blood pressure and heart rate.
   Studies show other triggers for people with compromised heart function include excessive drug and alcohol use, too much caffeine and severe air pollution.
   Knowing that these and other events can lead to heart attack just points out how important it is to keep your heart as healthy as possible with a carefully selected diet, regular exercise and medications, when necessary.

What's your MIS? Most Important Stop

Wallula’s newest mechanic Frank Escamilla works safe to be sure he gets home to enjoy other interests. He’s pictured with his daughter Marina after her high school graduation.

It’s a BCT thing.

Live safe and work safe to get home to enjoy those who love and depend on you!
Truckers help stop human trafficking

Truckers Against Trafficking (TAT) is a nonprofit organization that trains truck drivers to recognize and report instances of human trafficking. This national organization formed in 2009 and teaches truck drivers about the results of human trafficking.

TAT produces anti-trafficking materials which are commonly seen throughout the trucking industry. They have teamed up with law enforcement agencies and trucking companies to provide training on identifying sex trafficking, and some companies require their drivers to go through it.

Through their efforts, they have freed hundreds of human trafficking victims. According to the National Human Trafficking Resource Center, the majority of truck drivers who report tips learned about them through TAT.

The organization began a partnership with Pilot Flying J in 2011 and the Truckload Carriers Association in 2013. In 2012, the Ottawa, Ontario, Canada-based Persons Against the Crime of Trafficking in Humans was inspired by TAT to initiate TruckSTOP, a campaign that teaches truck drivers how to identify human trafficking victims.

TAT was promoted in "Killer Truckers", a 2013 television special by Investigation Discovery. Also in 2013, Nevada Attorney General Catherine Cortez Masto spoke highly of TAT at a forum hosted by Western States Propane. In one successful execution of TAT training, a truck driver called 9-1-1 after suspecting human trafficking in a particular situation, and his phone call precipitated the arrest and subsequent conviction of 31 traffickers, the release of 9 people from the sex industry, and the fall of an organized crime ring that had been active in 13 U.S. states.

-Submitted by Shaun Reilly
Allentown Terminal Mgr.

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There’s a pattern to roadside inspections and drivers can control the outcomes according to safety seminar information

What’s your Score?

I recently attended a Safety Seminar held by Idealease and learned some very important information about DOT (Department of Transportation) rules, DOT Inspections and carriers CSA (Compliance, Safety, Accountability) scores.

I’ve been driving a CMV or been in the transportation industry for over 20 years and I learned some pretty interesting facts about our industry.

One interesting point I took away from the seminar is that random DOT inspections are not so random. Many DOT officers will take a Carrier who has a high CSA score and pull them over to inspect the driver or the vehicle.

Using the public website, www.Safersys.org, a company can pull up a carriers score and see how they rank compared to the National Average. If a carrier has a score higher than the national average, there is a good chance the driver will be pulled in for a DOT inspection.

It was interesting to see that although inoperative brakes are still the number one reason drivers are being sited, the second reason drivers were being cited was for non-working lights.

Many citations were issued for simply having a discharged or unsecured fire extinguisher.

For the driver, log violations, not having their license with them, having expired DOT physical, or driving on a suspended license are the biggest contributors to being cited.

At least 95% if not all violations are self-inflicted.

So what can a driver do to ensure they pass a DOT inspection with flying colors?

Begin the day making sure they are prepared to go to work. Imagine a football player walking out to the field on game day in shorts in a tank top, with no pads, helmet or uniform.

The coach would probably tell him to back to the locker room and get suited up for the game. He’s not prepared to play.

Just like the football player, a Commercial Driver needs to make sure he has his needed items to ensure he has a successful day. He should check to make sure he has his driver’s license and medical card on him and that they are not expired.

When the driver gets to work, he should complete a thorough Pre-trip both on his tractor and trailer to ensure his “equipment” is in working order and ready to operate. If the equipment has an issue, he should report it to dispatch or the shop to get it addressed before he leaves.

At the end of the day the driver should do a Post-trip inspection and report any issues that may have come up during his day to get them addressed, so that when the next person uses that equipment it is in compliance and ready to start a new day.

What is the cost of a DOT inspection?

Besides the obvious, maintenance costs, fines and penalties. The biggest cost to a driver is his time. Most DOT inspections take 45 minutes to over an hour to complete. No driver enjoys being on the side of the road when they could be that much closer to getting home.

Let’s all do ourselves a favor and take the extra time to ensure we are ready to get out on the open road.

If you do get pulled in for an inspection, Are You Prepared?

-Ron Bates
Waco Terminal Mgr.
Six chip owners post clean inspections

For the second month in a row, Chip Fleet Owner-Operators have dominated the monthly list of clean inspections.

Three drivers on Southern fleets earn special recognition for also passing inspections with no violations.

“Clean inspections are a sign that we’re operating as professionals and performing the safety inspections required to make sure systems like brakes and lights are working as they should; said Randy Bailey, Mgr. of Driver Services and Safety.

All receive $100 on their settlements.

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A company driver was on Highway 395 near Kettle Falls March 3 making a left hand turn past a log truck sitting at the stop sign. The chip trailer he was pulling hit the other vehicle causing damage to the bumper and hood.

The driver of a company truck was at the City of Industry PCA yard when he scraped the brick wall while backing to the dock the morning of March 7.

An Owner-Operator was rounding a curve when he hit a tree that was laying across both lanes of Hwy 231 near Reardon, Washington. The early morning wreck March 11 caused major damage to the tractor.

A BCT Owner was asleep at a Gulfport Flying J Truck Stop when he was hit by another vehicle. Damage included right fender, hood, tire and lights.

An Owner was making a turn from a left turn only lane when a vehicle turned in front of him from the right lane (marked for traffic going straight) There was damage to the tractor and the 2015 GMC pickup in the March 11 accident.

A company driver was making a U-turn in Garland, Texas when he was hit from behind by another vehicle March 14. The 2002 Suburban was towed.
Trucking

Finding good Owner Operators is important to BCT and we feel our own drivers may be the best source of new people who meet tougher new CSA standards.

-Pat Robinson
Recruiting Manager

Openings now available!

"Finding good Owner-Operators is important to BCT and we feel our own drivers may be the best source of new people who meet tougher new CSA standards."

Pat Robinson
Recruiting Manager

Recruiting Program

BCT's Driver-to-Driver

Recommend a driver to BCT and earn cash!

$500 when they sign on
$500 after six months
One cent for every mile they run

Call Recruiting Manager

Pat Robinson
800-544-5989, Opt. 5

Inc = Inconclusive      No Vios = No Violations  *  = Exceeds

Improving      Alert

CSA Reports for Owner Operators and Company Drivers

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| BCT, Inc.       | JAN. 16, 2017  | 6%               | 47%            | 0%             | 85%            | 51%       | 74        |
|                 | FEB. 6, 2017   | 4%               | 40%            | 0%             | 84%            | 30%       | 73        |

| Company         | JAN. 16, 2017  | 4%               | 0%             | 0%             | 52%            | 16%       | 39        |
|                 | FEB. 6, 2017   | 4%               | 0%             | 0%             | 48%            | 26%       | 39        |

Inc = Inconclusive      No Vios = No Violations  *  = Exceeds

Improving      Alert
Several jump to aid injured driver

From Mike Hayes BCT Operations Mgr.

One of our Centerline drivers was hurt while unloading in Fruitland, ID last Monday morning. I called Randy Bailey (Driver Services and Safety) and Jerry Ames (Centerline driver), who immediately jumped into Randy’s truck and headed towards Fruitland to assist.

In the meantime, word spread and Bob DeChenne (BWP driver) volunteered to go pick up injured driver, since he was much closer at home in Ontario, OR. These 3 men got the driver to hospital, the load delivered, and truck safely back to Boise. Driver ended up with a bunch of bruises and some sore ribs & a shoulder, but he’ll be alright.

No matter the job title, it’s nice to see people do care about one another, which makes this a fine place to work. Thanks to all you guys.

Crew catches up after PA snowstorm

From Shaun Reilly Allentown Terminal Mgr.

Kudos to Allentown team.

We had a major snowstorm 2 weeks ago. We were shut down for a day due to road closures. We spent the rest of the week playing catch up with all the loads we already committed to handling.

The Allentown Fleet came together and worked to get it all done by the end of the week and with minimal delays.

Collins helps get driver to family

From Debbie Saunders Load Planner/Dispatcher

One of my logistics carriers had a driver in DeRidder who had checked in, his trailer was swept out and he was in line waiting for his turn to get to a dock.

While in line, he was notified that his father had been rushed to a hospital and wasn’t doing well. Thanks to Cory Collins in DeRidder, this driver was able to be put to a dock to get loaded so he could head to North Carolina and the hospital.

I really appreciate the extra effort to go above and beyond to help, Cory!!

Driver repairs leaking trailers

From Jenny Walker Vancouver Dispatcher

One of our owners, Neb Mavrak, came down to our yard a couple weeks ago and took the time to dry out and patch several of our leaking trailers so we could use them.

We ended up having four trailers leaking at the same time and with the shops full, we weren’t sure what we were going to do. So Neb stepped up and took care of our trailers for us. Thank you Neb!

We appreciate what you do for us

Wallula crew makes inventory easy

From Dan Bernert BCT General Mgr.

A big thank you to Andy, Kevin, Tim Presler and Rodney Sackett for their efforts in reorganizing the parts room. The time to take the physical inventory was reduced 100%!

Kudos to Kevin and the mechanics for making sure all parts are scanned to work orders…the
$289 difference between actual and TMT system generated inventory is phenomenal when you consider the volume of work performed in our Wallula shop.

Accounting steps up to meet deadlines

*From Mike Hayes
BCT Operations Mgr.*

I’d like to thank all the folks in accounting who have given up their weekends the last few months in order to make our financial reporting deadline.

Several of the ladies (and Stubby) worked very long hours during the week, and then came into the office weekends.

We in operations are working on improving upstream processes to make everyone’s life easier, but I just wanted them to know how much their efforts are appreciated.

‘Harassment’ helps get deliveries right

*From Mike Hayes
BCT Operations Mgr.*

I’d like to thank Dan Bernert for harassing us every single morning a truck shows late to an appointment.

Dan receives a spreadsheet daily that highlights any late deliveries. More often than not, the truck was on time, but the driver forgot to reply to his “dropping off arrival” message.

Because of his daily beatings we are able to correct the delivery times before being reported. This has really improved our OTD. Thanks Dan.

**Drivers accident free entering 2nd quarter**

*From Rebecca Moore
Vancouver Terminal Mgr.*

Thank you to all of the Vancouver Based drivers for completing first quarter of 2017 accident free.

Keep up the great work and staying aware of your surroundings, road conditions and weather related issues. Thank you again for all you do and the efforts you put into getting our product to our customers in a safe and timely manner. Let’s start out on second quarter with another accident free quarter and clean road inspections. Remember for every clean inspection you get $100.00.

**New PCA driver in Wallula looks forwards to home time with kids**

Welcome new company driver Silverio Oliva.

Silverio migrated from to the U.S. from Mexico in 1979 and came directly to Walla Walla where he worked at several agricultural product processing plants before getting his CDL in 2004.

He came to us after a decade of driving for a couple of direct competitors of BCT’s in the PNW; Haney and Tate Transportation. Silverio cited time at home and hearing good things about PCA as main reasons that BCT appealed to him.

Home time is especially important as he and his wife of 23 years, Inez, have 5 children ranging in age from 8 to 22.

-Andy Sarrazin
Wallula Terminal Mgr.

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Report of accident must be made as soon as possible after the event.

If you’ve been in an accident (minor incident, animal hit, or anything where damage has occurred)...no matter what time of day or night...

Call 1-800-544-5989 #2
Go to: www.protread.com/

1. Click Pro-Tread “User Login”
2. Login:
   • User ID: YourName (no space between names)
   • User ID: YourName (again, exactly the same)
   • Site ID: Type in “200744”
3. Click “Login”
4. Choose “Lesson Menu”
5. Choose “All Lessons By Title”
6. Choose “Night Driving”
7. Choose “Night Driving”
8. Disclaimer ... Choose “Accept”
9. Lesson loads and starts automatically
10. You see “Congratulations” when completed. Click “Stop” button to get credit for completing the lesson.

“Many of our challenging driving situations occur at night when visibility and fatigue may complicate our ability to get to our destinations safely. This training has many good reminders on how we can control the situations that may include our equipment, how others are driving and the rest we need to be alert.”

-Randy Bailey, Manager
BCT Safety