A driver, performer and Marine

Industry’s Joe Soto stays busy doing many things

Joe Soto is a busy man who does quite a bit more than drive for BCT out of the City of Industry Terminal.

Take a look at his custom Harley Softail and you may be able to figure out another of Soto’s interests. For more than 20 years, he has been performing as an Elvis impersonator and competing in Elvis tribute competitions.

Soto’s musical interest may have come from his father who was a Mariachi musician. His mom one time heard him singing in the bathtub and later combing his hair and decided he had a future as a performer.

Before he could focus on that interest, he served in the US Marines. Among his duties was defending the US embassy in Saigon where he faced enemy fire on numerous occasions, he said.

(Continued on page 7)
Zero preventable accidents in June

*The second month of 2017 with no preventable accidents*

It was a great month for both companies,” said Randy Bailey, Manager of Driver Services and Safety, as he released the Accident Frequency Report for June.

Bailey reported ‘zero’ preventable accidents for the second time in 2017. January was also a month with a zero AFR.

Drivers of company trucks and Owner-Operators travelled nearly 1.1 million accident-free miles in June.

After six months, the combined AFR stands at 1.44.

“We are still a few points away from our goal,” Bailey said. “So we continue to encourage drivers to be safe and aware of their surroundings.”

After six months, drivers of company trucks have logged 1.7 million miles with 3 preventable accidents and an AFR of 1.75.

Owner-Operators have gone over 4.5 million miles with six preventable accidents but a lower AFR of 1.32.

**ACCIDENT FREQUENCY**

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<td><strong>TOTALS</strong></td>
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<td><strong>1.44</strong></td>
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*Any accident in which our driver failed by defensive driving to do everything reasonable to prevent the accident.

** The number of preventable wrecks per million miles of travel.

**New Drivers**

*Welcome to new and returning drivers who have joined the ranks of BCT, Inc. and Boise Trucking Operations during the past month (by publication deadline)*

- **Jon Little** of Glenns Ferry, Idaho June 2 as a new Centerline driver on the flatbed fleet.
- **Jamie Jackson** of Spring, Texas June 5 as a returning Owner-Operator out of DeRidder.
- **James Jones** of Leesville, Louisiana June 15 as a new spotter at DeRidder.
- **Louis Parker** of Vancouver, Washington June 16 as a returning driver for Owner Alan Massey.
- **Eddie Stigrus** of Monroe, Louisiana as a new Owner-Operator out of DeRidder.

- **Ronald Gustin** of McGregor, Texas June 20 as a new spotter at Waco.
- **Charles Woodall** of DeRidder, Louisiana June 27 as a returning Owner-Operator out of DeRidder.
- **Craig Allison** of Chewelah, Washington June 27 as a returning Owner-Operator out of Wallula.
- **Steven Horvath** of China Spring, Texas July 5 as a new CTC driver at Waco.

If you’re an Owner-Operator who knows a driver who would be a good ‘fit’ for BCT 1-800-544-5989, Opt. 5.

See Page 15 for details on how you earn cash for your “Driver to Driver” referrals.
Trucking

‘Zero’ when it comes to working safely is a good number

Safety
June was a very good month from both a vehicular and personal safety perspective. On the vehicular side, we logged 1.09 million miles and recorded zero preventable accidents, resulting in an accident frequency rate (AFR) of zero... it doesn’t get any better than that!

Year to date our AFR stands at a respectable 1.44 vs. our aggressive goal of 1.1 or less. On the industrial side, we registered a zero in the recordable incident column while working over 18,000 hours. We should all be proud of these accomplishments...our family and friends certainly are.

Thanks to all for keeping safety a priority. Insurance renewal time is not that far off, and results like this will strengthen our negotiating position on premiums.

For the first time in nearly a decade, preliminary data released from National Safety Council (NSC) estimates that as many as 40,000 people died in motor vehicle crashes in 2016 (6% increase over 2015 and a 14% increase over 2014)...the most dramatic two year escalation in 53 years. An estimated 4.6 million roadway users were injured seriously enough to require medical attention, a 7% increase over 2015. Property damage and medical bills exceeded $432 billion.

A recently released NSC survey provided a rundown on the risky things drivers are doing. Despite 83% of drivers surveyed believing driving is a safety concern, a startling number say they are comfortable speeding (64%), texting either manually or through voice controls (47%), driving while impaired by marijuana (13%) or driving after they feel they’ve had too much alcohol (10%). In light of those alarming statistics, please continue to survey your surroundings and anticipate the mistakes of others...they are going to make them.

Service
In the spirit of upholding BCT’s reputation for distinctive service, we created on time delivery performance gaps in June that separate the best from the rest as indicated the table below.

<table>
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<th>OTD Performance BCT vs. Competition</th>
<th>All WP Customers OTD/Appmt</th>
<th>All WP Customers - OTD/Day</th>
<th>Office Max OTD/Appmt</th>
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<td>Core Carriers/3PL</td>
<td>88.8%</td>
<td>95.1%</td>
<td>88.3%</td>
<td>94.9%</td>
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</tbody>
</table>

Our next hurdle will be to meet or beat the 97.7% on time to the appointment goal for all Office Depot/Office Max locations established by the White Paper folks. An aggressive goal......but we have the drivers and planners that can make it happen.

Retirement: Debbie Saunders will be retiring on August 4, 2017 after 40 years of dedicated service. Saying that she will be missed is an understatement. Deb is one of the most resourceful, competent, customer focused and detail oriented individuals I have had the distinct pleasure of working with. Please join me in wishing her the best as she writes a new chapter in the book of life.

In Memory: Richard Lambert (DeRidder mill based BCT owner operator 1998-2007) passed away on Sunday, July 2, 2017. Richard provided DeRidder mill customers with exceptional service and achieved 1 million accident free miles while under contract with BCT. Rest in peace Richard.
**BCT Safety Reminder**

**Maintain 3 points of contact at all times**

Falling while getting into or out of truck cabs or heavy equipment or when mounting or dismounting truck bodies or trailers can cause serious injuries.

Many knee, ankle and back injuries result from jumping from equipment onto uneven ground or objects.

- Check ladder and handholds for defects before climbing.
- Ascending and descending ladders—take your time and look before you step!
- Brace yourself while operating landing gear and be careful not to apply too much force and lose balance.
- Climb in and out of the truck cab facing the unit; confirm a solid grip on each hand hold.

**What's your MIS? Most Important Stop**

Waco Driver Marcus Neal works and drives safely so he can enjoy activities like coaching his son’s third grade basketball team — the Waco Spartans. Coach Marcus is on the left and his son Justin is #23 near the middle. They were heading to the state division competition.

It’s a BCT thing-

Live safe and work safe to get home to enjoy those who love and depend on you!
"At some point, every trucker is going to be stopped for a roadside inspection—it’s just something that comes with the territory," said Randy Bailey, BCT Manager of Driver Services and Safety.

However, these inspections could potentially become more frequent if there are certain noticeable problems with your vehicle or your driving. These types of inspections are authorized by the Federal Motor Carrier Safety Administration (FMCSA) and can be conducted at any time.

BCT’s Driver Services has compiled a list of common reasons why trucks are targeted for roadside inspections. Here are a few of them:

- **Clear vehicle defects:** Approximately 63 percent of all inspections occur because an inspector observed some type of noticeable defect. Common examples of such defects include lights that are not working, flat or underinflated tires, hazardous material placards not being in place, fluid leaks, broken or missing mirrors and more. All of these violations are easy triggers for authorized inspectors to pull you over and order an inspection. This can be avoided by simply taking good care of the vehicles, and by conducting thorough inspections before taking the truck out to begin a haul.

- **Moving violations:** Approximately 22 percent of all roadside inspections happen because the driver committed some sort of moving violation. Speeding is the most common of these by far, but other common examples include failure to wear a seat belt, failure to obey the rules of the road, following other vehicles too closely, failure to yield, unsafe passing of other vehicles, radar detector pullovers and more. All of these behaviors are easily controlled by the driver. Because of the sheer size of the trucks and the potential damage that could be caused by a truck colliding with another vehicle, officers take this behavior quite seriously and are quick to pull vehicles over and have inspections performed.

- **Inspection Selection System (ISS):** The ISS is the tool used by the FMCSA along roadways to screen commercial trucks for inspection. Approximately 15 percent of all inspections are triggered by ISS. There does not need to be any "probable cause" for ISS to trigger an inspection—it is simply a random method that is implemented to ensure all truckers and truck companies are following FMCSA regulations at all times. Just because there are no observable vehicle defects or moving violations does not necessarily mean the trucker or trucking company are following all of the rules and regulations in place.

While some roadside inspections are indeed random, the vast majority of inspections happen because of the driver’s behavior, whether it’s aggressive or illegal driving practices or a failure to properly inspect the vehicle before heading out on a trip.
Mid-summer dangers for professional drivers

It happens every year: More distracted drivers on the road doing odd-ball things that lead to wrecks

Randy Bailey has the advantage of mixing his years of driving experience with about as many years guiding BCT safety. As manager of Driver Services and Safety, he has gathered a few reminders for the height of summer driving season.

“We all notice that there are more people out and about on or near roadways,” Bailey said. Kids are out of school and riding bikes and heading for activities with friends. “It’s our job to protect them,” Bailey said. “They’re not always as mindful of dangers as they should be.”

Vacationers are responsible for many wrecks each year, Bailey said. We learn from accidents statistics that some are towing recreational vehicles with limited experience and many are facing numerous distractions inside their vehicles. “We simply have to watch out for potentially erratic driving like sudden slowing and changing lanes with little warning,” he added.

One of the obvious summer warnings is the dangers of road construction. “We all know the dangers but there are tragic accidents every year in construction zones,” the BCT safety manager said. “Go slow and watch out for workers and stopped vehicles.”

A couple of conditions drivers may face are the slick roads after rains. When it’s been dry for a period of time in the summer, the oil and grease make for slicker roads after a rain storm. And there are times when drivers may come upon fresh oil and asphalt that make the surface slick.

“There’s a theme here,” Bailey said. “More vehicles, drivers with limited towing experience and even more distractions than usual,” he added. “Our best defense is safe equipment, slower speeds and focused driving.”
Hot-rod ding in go kart could have been tragic

Allentown Driver Bill Loch knew how to avoid a potential accident but he said a Safestart state of “Rushing” could have led to a tragic accident.

Bill had just finished tuning up the motor on his son’s go cart and decided it needed a test drive. He drove around the yard a couple of times and then “I pushed the pedal to the metal.”

As he was making a hard turn to the right, the rear end slid out to the left nearly taking him into the street.

While he avoided a mishap, he did lose traction in the go cart and his injuries were limited to “my pride and ego.”

But he could have easily been hit by a car had the go cart slid into the nearby street.

Bill said rushing was the state and the error was loss Balance/Traction/Grip.

Joe Soto

(Continued from page 1)

Thirty years with the City of Los Angeles driving school bus also preceded his time with BCT. “And it was 30 years without an accident or even a ticket,” Soto said.

Soto’s time in the military gave him a connection to the VFW. He often does his Elvis impersonation show for the vets and runs karaoke sessions for Post 1944. But he also performs at the Orange County Fairgrounds and in a number of competitions. “I do all of his hits,” Soto said of his Elvis performances.

The custom Harley pictured was painted by his brother. It’s one of three softails Soto owns and one that has been shown in numerous shows. He enjoys bike rides like charity runs and the annual Laughlin River Run that draws thousands to Laughlin, Nevada each year.

Soto and his wife Rebecca have six grown children which gives him time to pursue his many interests. That includes hiking and mountain biking in Turnbull Canyon.

Soto describes himself as a truck driver, performer, and a marine. But it’s obvious that he’s a man of many interests who seems to have something going during all of his waking hours.
Weaver’s find pleasure in new family pets

RJ is a sometimes travelling companion that loves classic rock & roll music

BCT Owner Gary Weaver wasn’t looking for a bird when his wife, Sherri, asked him to stop by an aviary to check them out.

Sherri was interested in getting a smaller bird and, while riding their Harley, she asked to pull into an aviary. Her choice was a Conure, a smaller parrot, which she purchased. Weaver went with his wife to help feed the young bird during the weaning process that proceeds taking possession. During that time, he decided he would like a Panama Yellow-Headed Amazon parrot.

As he was visiting to begin weaning his baby bird, he was offered a more mature bird. He went over to the bird, it hopped onto his finger and R.J. (the parrot) became part of the weaver family at their Brewston, Alabama home.

“He’s already talking pretty good,” Gary said. From the beginning, he was able to laugh and say “I’m going to rule the world.”

“Sometimes when we walk in the door, he says ‘hello.’” Gary added.

Gary has taken the bird as a companion in his truck. The bird just stays on a perch and sleeps during his 10-hour breaks. But he said R.J. will be staying at home until he has a more stable perch.

At home, R.J. Lives in a large cage that is four by four feet square by six feet high. The cage is equipped with toys to keep him occupied and a “stripper pole,” Weaver said.

“I’m going to rule the world,” is one of the phrases you might hear if you hang out with R.J., a Panama Yellow-Headed Amazon parrot owned by Owner-Operator Gary Weaver.

R.J. is happy to see Gary when he comes home from trucking. He bobs up and down and spreads his wings like he’s preparing to fly. But R.J isn’t quite as friendly to Sherri who says the bird acts differently when Gary isn’t around. He says the bird gets along well with his 15-year-old daughter and 13-year-old son who may care for the bird someday ... R.J could easily live to be 50-years-old.

Gary is based out of the Jackson, Alabama terminal which is about 85 miles from his home.

Gary says R.J has a voice that sounds like a normal human voice. If you visited today, you might hear him say “Tickle, tickle, tickle,” or “R.J.’s a good boy,” or “What’s ya doing?”

Turn on a little AC/DC and you’ll get a reaction as he begins to rock back and forth and jump up and down to the music. “His favorite song is ‘Have a Drink on Me,” Gary said.

When Gary’s classic rock band, Smoke ‘n Ashes, gets together in the living room to practice R.J shows his appreciation with more dancing and constant talking.

The Weavers are enjoying the birds so much that they were planning to add an Indian Ring neck to the family in the future.

“His favorite song is AC/DC’s ‘Have a Drink on Me.”
Manager celebrates another anniversary

1986 … Following a number of trouble free years in Space Exploration the Space Shuttle Challenger explodes shortly after takeoff watched by people live on TV around the world.

The Internet Mail Access Protocol defined which opens the way for E-Mail and the same year the Human Genome Project is launched to understand the Human Makeup, this will open the way for great advances in the treatment of many illnesses.

The worst ever Nuclear Disaster occurs as the Chernobyl Nuclear Power Station Explodes causing the release of radioactive material across much of Europe. In the UK (BSE), commonly known as mad cow disease is identified which causes many deaths over the next few years and a major reform in farming practices.

Most importantly Rebecca Moore joined the BCT team. Thanks for all you do Rebecca, your efforts are appreciated.

-Mike Hayes
BCT Operations Mgr.
### CSA Reports for Owner Operators and Company Drivers

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<th>HOURS OF-SERVICE</th>
<th>DRIVER FITNESS</th>
<th>VEHICLE MAINT.</th>
<th>CRASH INDICAT.</th>
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*Inc = Inconclusive  No Vios = No Violations  * = Exceeds*  

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### July Anniversaries

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According to Injury Facts 2017, about 146,571 people died from unintentional injury-related deaths in 2015. That’s 146,571 times someone’s ordinary day turned tragic.

These deaths are at an all-time high. Often, these tragedies happen when least expected – during a vacation, while doing chores at home or while driving across town – and they are all preventable. NSC encourages everyone to be aware of hazards related to leisure and recreational activities and take proper safety precautions. Here, in order, are the top causes of unintentional injury and death in homes and communities.

#1: Poisoning

In 2011, poisonings overtook motor vehicle crashes for the first time as the leading cause of unintentional-injury-related death for all ages combined. Poisoning deaths are caused by gases, chemicals and other substances, but prescription drug overdose is by far the leading cause.

#2: Motor Vehicle Crashes

No one wakes up thinking they will lose a loved one in a car crash, but motor vehicle crashes are the second leading cause of unintentional-injury-related death overall. Impaired driving, distracted driving, speeding and inexperience can cause a life to be cut short in the blink of an eye.

#3: Falls

More than 33,000 people died in falls in 2015. Falling is the third leading cause of unintentional-injury-related death over all age groups, but it’s the #1 cause of death for those 65 and older, according to Injury Facts 2017. The good news: Aging, itself, does not cause falls.

#4: Choking and Suffocation

Suffocation is the fourth leading cause of unintentional injury-related death over all age groups, and choking on food or other objects is a primary cause. Suffocation is the second leading cause of unintentional injury death for people 87 and older.

#5: Drowning

Not including boating incidents, about 10 people drown every day. It’s the fifth leading cause of unintentional-injury-related death over all ages, and the #1 cause of death for children ages 1 to 4, mostly due to children falling into pools or being left alone in bathtubs.

#6: Fires and Burns

Fire is the sixth leading cause of unintentional-injury-related death over all ages. About 2,646 deaths were caused by burns and injuries related to fire in 2015. Often fires start at night, when family members are asleep. A working smoke alarm will cut the chances of dying in a fire in half.

#7: Natural and Environmental Incidents

Disasters are front-page news even though lives lost are relatively few compared to other unintentional-injury-related deaths. Weather-related disasters claim hundreds of lives per year. Learn the CPR Steps that can Save a Life ...sometimes only minutes can determine the outcome of a life-and-death situation.

Prefer to read the newsletter online?
Go to...
Choose BCT, Inc. Newsletters then any month listed
Double following distance when facing difficult conditions

Adjust your following distance to appropriately match weather conditions, road conditions, visibility, and traffic. In emergency conditions, maintaining a safe distance from the vehicle in front of you will allow you to stop safely and/or to take necessary evasive action.

The average stopping distance for a loaded tractor-trailer traveling at 55 mph (in ideal conditions) is 196 feet, compared with 133 feet for a passenger vehicle.

Braking distance can be greatly affected by road surfaces, weather conditions such as rain, ice, and snow, or debris.

Did You Know? If you are driving below 40 mph, you should leave at least one second for every 10 feet of vehicle length. For a typical tractor-trailer, this results in 4 seconds between you and the leading vehicle. For speeds over 40 mph, you should leave one additional second. Did You Know? On October 15, 2007, as cars began to slow for construction in the left lane, a CMV driver failed to brake and crashed into the vehicle ahead of him, killing a 47-year-old woman. The crash also involved two other vehicles and shut down the roadway for 5 hours. The CMV driver was charged with misconduct with a motor vehicle, and following too closely.

Federal Motor Carrier Safety Administration

Safe Driving Tips

Maintain a Safe Following Distance

Large trucks need additional space between vehicles to allow for safe braking and unexpected actions. In crashes, large trucks most often hit the vehicle in front of them.
June Accidents

Deer causes Oregon wreck
An Owner-Operator was travelling on Highway 35 near Hood River June 1 when he collided with a deer.
The noon time wreck damaged his hood, grill and left light.

Other company reports damage
A spotter in Waco, Texas was attempting to back into a space as instructed by another company. After several attempts, he realized the trailer would not fit and decided to park elsewhere. The company called later and said a trailer of theirs suffered scratches on the right rear corner during the backing attempts the afternoon of June 12.

Spotter pulls bumper loose
A DeRidder spotter was at the mill and pulled the bumper loose as he pulled away from the dock in an afternoon incident June 3.

Vehicle side-swipes us
An Industry driver was southbound on I-605 June 20 and stopped in traffic when another vehicle sideswiped his tractor. The June 20 accident happened at 9:30 in the morning. There was damage to the left fender and side step of the company tractor. The 2015 Chev pickup that hit him received damage to the right side.

Seven Owners get cash for inspections
Seven Owner-Operators from five fleets earned an extra $100 each for completing roadside inspections with no violations and no out-of-service orders.
Three from the I-5 fleet led the way.
Good pre-trip inspections almost always catch anything that needs repaired or replaced ...just the way law enforcement would find a problem.
“Thanks to all whose professionalism earned them this recognition,” said Randy Bailey.

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<td>David Bednorz</td>
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<td>Rick Abbott</td>
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<td>Paramjit Dhillon</td>
<td>03544</td>
<td>Chips</td>
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<td>Charles Nielsen</td>
<td>01418</td>
<td>Flatbed</td>
<td>6/12/2017</td>
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<td>James Wright</td>
<td>04416</td>
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<tr>
<td>Kenny Eaton</td>
<td>06706</td>
<td>Southern</td>
<td>6/23/2017</td>
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BCT Accident Reporting
If you’ve been in an accident (minor incident, animal hit, or anything where damage has occurred)...no matter what time of day or night...
Call 1-800-544-5989 #2
Fleet helps fine tune backhauls

From Shaun Reilly Allentown Terminal Mgr.

We would like to send a Kudos to the Allentown Fleet.

Last month we started a backhaul program to have drivers return back to Lehigh Valley with other freight to offset costs.

The first few weeks were difficult because it was new to us and we ran into a lot of hang ups and delays at shippers/receivers which caused some frustration with the fleet.

By the third week we were able to develop a routine and now service some of the same lanes.

The fleet has been able to help us understand which loads we should stick with and the ones we should never do again.

Overall the program has been successful.

Many involved in making it happen

From Mike Hayes BCT Operations Mgr.

I’d like to publicly acknowledge all the folks that are constantly working together to make the DeRidder to CTC commitment happen week after week. Cory Collins has done a great job managing the process, along with dispatch, but it takes help from the Waco fleet, Dedicated drivers, Jackson Owners, DeRidder Owners, logistics and even the I-84 Owners. Thanks to all of you for jumping in and getting the job done.

Vancouver steps up to get orders moved

From Ross Corthell PCA Director of Trans.

Kudos to Rebecca, Jenny and their team for stepping up big-time to help clear out a backlog of international orders shipping out of Wallula prior to quarter-end.

Mountains don’t usually move in containers but Rebecca’s folks proved that wrong in late June. Thank you!

Amy added charm during time in Boise

From Mike Hayes BCT Operations Mgr.

Just a note to thank Amy Cooper for the last 15 months she has worked with us in Boise.

She is fun to be around and I will miss her sunny disposition and personality.

Might even miss her southern slang, including what she’s “fixin to do” or “bless your heart”, although I think the latter is her calling me a dumbass.

Good luck Coop.

Early or tight… Fate handles it

From Abel Franco Industry Terminal Mgr.

Kudos to Industry logistics carrier Glen Fate. No matter how early the appointment, or tight scheduling, Glen always gets the job done on time and safely. We are very fortunate to have you on our team. Thanks.

Mike Hage named to logistic planner spot

Mike Hage has been named to fill the position of Logistics Load Planner to replace Debbie Saunders when she retires next month, according to BCT Operations Manager Mike Hayes.

While new to trucking, Hage is not new to business or scheduling. “He comes to us from Eberlestock here in Boise where he worked in marketing and consumer relations,” said Hayes. He has a Bachelor of Business Administration from BSU, and although unexperienced in truckload operations is catching on nicely.

Hage described his early experience with BCT dispatch as a scheduling situation that is “constantly changing.”

“It keeps you on your toes,” Hage said. “There are a lot of moving parts.”

He is also training with Amy Cooper to dispatch DeRidder Owner-Operators until her replacement is chosen.

Hage and his wife Suzanna will be celebrating their seventh anniversary soon. They have three young children: Cora, 5, Rose, 3, and Alec 1.

Away from work, the Hage family enjoys “a lot of outdoor stuff” like camping, fishing and hiking. Hage is native to the Boise area and is an avid hunter.
Trucking

Recommend a driver to BCT and **earn cash!**

**$500 when they sign on**

**$500 after six months**

One cent for every mile they run

“Finding good Owner-Operators is important to BCT and we feel our own drivers may be the best source of new people who meet tougher new CSA standards.”

**Openings now available!**

**Ben Fakes honored**

DeRidder Load Planner Cory Collins presents a plaque to Ben Fakes during a celebration dinner in DeRidder to honor Fakes two million miles of BCT driving without a preventable accident.

-Ben Fakes

Recruiting Manager

-Pat Robinson

Call Recruiting Manager

Pat Robinson

800-544-5989, Opt. 5
While not common these types of collisions are normally very severe, this lesson presents how to avoid dangerous roadside collisions with proper stopping, communication to other road users, and situation awareness.

Go to: www.protread.com/

1. Click Pro-Tread “User Login”
2. Login:
   - User ID: YourName (no space between names)
   - User ID: YourName (again, exactly the same)
3. Site ID: Type in “200744”
4. Click “Login”
5. Choose “Lesson Menu”
6. Choose “All Lessons By Title”
7. Choose “Avoiding Roadside Collisions”
8. Disclaimer ... Choose “Accept”
9. Lesson loads and starts automatically
10. You see “Congratulations” when completed. Click “Stop” button to get credit for