Year-end message from VP highlights BCT contributions

First I want to wish everyone a safe and festive Holiday Season.

Second I want to thank-you all for a great year. Our fleet has grown, many of you are sitting in different seats than at the first of the year and we keep delivering at a very high level.

This type of excellence takes a lot of hard work (sometimes long hours) and communication throughout the whole supply chain. Safe dependable drivers, dispatch, planners, maintenance, billing, etc. all working together to take care of our customers.

It was discussed the other week at the PCA Production Manager’s meeting, we can make the best box, the best ream of paper and if we don’t deliver on time, we failed. You all have done a wonderful job of helping our core businesses deliver their promises. Thank-you and PCA’s business continues to grow.

“PCA has benefited tremendously by operating its own fleet, doing the hard to do and excelling at it.”

- Bruce Ridley

PCA has benefited tremendously by operating its own fleet, doing the hard to do and excelling at it. I know this because more and more operations are asking for BCT service.

The main point here is I want everyone to know how PROUD I am of what each of you do. I hope I can continue with the help of the other managers to provide you with the best resources you need to get the job done better than our customer’s expectations.

PEOPLE, CUSTOMERS, TRUST pretty simple but awesome!

Have a safe and happy New Year.

THANK-YOU!!

Bruce Ridley
Owners accident free in November

“The Owners ended the month in great shape,” said Randy Bailey, Manager of Driver Services and Safety. “They had no preventable accidents.”

The news for drivers of company trucks wasn’t so good. They were charged with two preventable accidents in just 243,924 miles of travel for a monthly Accident Frequency Rate (AFR) of 8.20.

Owner-Operators travelled 707,943 miles in their accident-free month.

The two preventables left the combined AFR (company trucks and Owners) at 1.50 for the year.

So far in 2017, company drivers have driven 3.13 million miles with 6 preventable accidents and an AFR of 1.92. Owners have logged more than 8 million miles with 11 preventable accidents and an AFR of 1.34.

Bailey’s monthly report showed that there was one incident, one minor-preventable accident and two non-preventable accidents during November.

“We have often performed safely despite more challenging winter driver conditions,” Bailey said. “Let’s stay focused and end the year safely.”

<table>
<thead>
<tr>
<th>Preventable Accident*</th>
<th>AFR**</th>
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<tbody>
<tr>
<td>January 0</td>
<td>0.00</td>
</tr>
<tr>
<td>February 3</td>
<td>2.93</td>
</tr>
<tr>
<td>March 2</td>
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</tr>
<tr>
<td>April 2</td>
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<td>November 2</td>
<td>2.10</td>
</tr>
<tr>
<td>TOTALS 17</td>
<td>1.50</td>
</tr>
</tbody>
</table>

*Any accident in which our driver failed by defensive driving to do everything reasonable to prevent the accident.

** The number of preventable wrecks per million miles of travel.

Welcome to new and returning drivers who have joined the ranks of BCT, Inc. and Boise Trucking Operations during the past month (by publication deadline)


Todd Payne of Waco, Texas November 7 as a new spotter for CTC Waco.


If you’re an Owner-Operator who knows a driver who would be a good ‘fit’ for BCT 1-800-544-5989, Opt. 5.

See Page 12 for details on how you earn cash for your “Driver to Driver” referrals.
Trucking

Columbus drivers meet managers and share concerns, suggestions

Columbus drivers met recently for breakfast, safety training and a chance to meet managers of the Columbus plant according to Terminal Manager Robert Roop Jr.

Resource Manager Lali Kapanadze (upper left) presented training on Slips, Trips and Falls that is used in the production plant. Drivers received a handout that focused on additional slips and falls related to trucking.

Roop said that an important part of the meeting was introducing managers from the plant. General Manager Rich Hartwick went over production information and other members of the management team introduced themselves and spoke briefly on their responsibilities. Hartwick is below left (green shirt) joined by Plant Superintendent Mike Gallentine, Plant Controller Kyle Davidson and Resource Manager Lali Kapanadze. Quality Systems Manager Zviad Akhlaya is in the lower right photo.

“They also had a chance to hear driver concerns and offer suggestions on how things would improve,” Roop said.

He added that it was a “very productive” meeting.
"The Most Important Stop is home and family," said Vancouver Terminal Manager Rebecca Moore. Rebecca (second from left) is pictured at a summer BBQ with her two sisters and brother.

"The Most Important Stop is home and family," said Vancouver Terminal Manager Rebecca Moore. Rebecca (second from left) is pictured at a summer BBQ with her two sisters and brother.

When you need to get out of your truck because it broke down or has a flat tire, or you need to check or secure your load, or you are putting on chains... for whatever you are doing, put on a high visibility vest.

Be the BRIGHT person.
Upgrades coming to electronic logging devices

BCT Operations Manager Mike Hayes has sent out a ‘heads up’ to drivers and dispatchers about over-the-air updates to for the MCP200 electronic logging devices.

Upgrades were expected from Omnitracs in late November and early December to make the units fully compliant with the ELD mandate.

“The new firmware will cause a few changes in the way the Omnitracs HOS program will look for drivers using those devices,” Hayes said.

“Most of the changes are minor, like the way the Duty Status Change screen is cosmetically different,” Hayes said.

“Other changes are more significant. For instance, now when the drivers log in they are automatically put On Duty, but the update will make the driver choose which status they want to be in.”

The changes will not affect MCP50 units at this time.

Drivers with questions should contact their dispatchers or visit a BCT terminal.

Rear-End Collisions

Rear-end collisions are among the most common serious accidents involving large trucks.

For most large trucks, keeping a safe following distance means maintaining a six to seven second following distance.

During adverse road or weather conditions, increasing your following distance even further is important to ensure you have adequate time to react and stop safely if necessary.

Then there’s the shooting pain, surgery, pain meds, possible permanent disability, and explaining to your son that you can’t play catch.

Who needs it, right?

Sprain and strain injuries can creep up on you gradually or hit you like a 90 mph fastball. There are things you can do to prevent sprain and strain injuries:

- Use mechanical aids to move heavy loads
- Don’t force it ...get help if it’s too heavy or too hard.

Stay safe.
Stay working.

Changes will eventually affect all Electronic Logging Devices in the BCT system: 50, 200 and IVG.
There’s a pretty good chance the fire extinguisher in your truck is among 40 million recently recalled by the US government,” said Shaun Reilly, Terminal Manager at Allentown. Safety Manager Randy Bailey added that all terminals have been asked to check PCA equipment to insure that the on-board fire extinguishers are not among those being recalled. He also recommended that all Owner-Operators check their extinguishers are well.

Reilly discovered that some of the fire extinguishers identified have been on the market for more than four decades and may not work in an emergency.

“Many of the fire extinguishers in question were made specifically for use in commercial vehicles,” Reilly said. “So there’s little doubt there are some, if not many, in our trucks that need to be replaced.”

The recall covers 134 models of push-button and plastic-handle extinguishers in the US and Canada made from 1973 through August of this year. It includes models previously recalled in 2009 and 2015.

The government says the extinguishers can become clogged and fail to spray when needed. Also, the nozzle can come off with enough force to pose an injury hazard.

CONSUMER CONTACT: Kidde toll-free at 855-271-0773 from 8:30 a.m. to 5 p.m. ET Monday through Friday, 9 a.m. to 3 p.m. ET Saturday and Sunday, or online at www.kidde.com and click on “Product Safety Recall” for more information.
Vancouver Terminal invited all drivers for breakfast at Jubitz last month for Driver Appreciation. We thanked them all for their continued hard work and dedication.

(Pictured from below counterclockwise) Russ Gould and Dakota Massey, Bryon Massey and Dakota, Alan Massey and his wife Penny. Mike Allen also attended but not in picture at end of table and Jenny Walker.

And to all the drivers that could not make it – you missed a great time and breakfast.

- Rebecca Moore
Vancouver Terminal Mgr.
A trucker's challenge to all who share America’s roadways

Long-time Wallula Owner-Operator Adam Walker has something to say about making your vehicle visible and your intentions obvious. His thoughts originally appeared on Facebook and obviously reflect years of observation and experience.

He said “Steal away! You might just save somebody’s life!” when asked if his comment could be used in the newsletter.

FACEBOOK CHALLENGE! I nominate everybody! No, you don’t have to post pics with a filter, or pour water all over yourself. All you have to do is this:

Grab a trusted helper and go out to your car and see if your brake lights work.

Maybe check your marker lights while you’re at it, and rarely used turn signals if you’re really ambitious. Inoperative lamps on your vehicle add confusion to already distracted drivers. Phones, dogs, kids, food, nobody is really paying attention.

Never use rear mounted bike racks that always block the back of your vehicle. Never swap your taillights for European, smoked, or non-dealer offered LED conversions. Many can’t be seen in the daylight or from the side, and they may have ill effects on other lamps on your rig.

All forward facing lights should be white or amber. Rearward should be Amber or red only. If you’re pulling a trailer, all of its lights have to work. HID lamps should never be used in halogen buckets as you’ll simply blind oncoming traffic, regardless how good you can see.

White cars are hard to see in the fog, gray cars are hard to see in the rain, and all cars are hard to see in the dark. Headlights should be used at all of these times for all vehicles.

How’s about some common sense? Pedestrians, you’ll lose in a collision despite your right of way. Make the right choice.

Cyclists take note as well. Whether you’re headed to school, the store, work, gym, or to see friends, the road is a dangerous place. Don’t make it worse. Stay alive peeps. My PSA.
Please join me in congratulating Shaun Reilly on his 1 year anniversary with PCA/BCT. Shaun has made great strides in filling backhaul lanes, and integrating BCT into the PCA network in the Northeast. He has established relationships with PCA - Reading, Jessup, Hanover and is working on Syracuse, NY. Most importantly, Allentown is getting it done safely. Through November they have travelled over 350k miles YTD with ZERO preventable accidents.

Keep up the good work Shaun, I’m glad you’re on our team.  
-Mike Hayes

Shaun Reilly celebrates year at Allentown
## CSA Reports for Owner Operators and Company Drivers

<table>
<thead>
<tr>
<th>CSA BASICS</th>
<th>UNSAFE DRIVING</th>
<th>HOURS OF-SERVICE</th>
<th>DRIVER FITNESS</th>
<th>VEHICLE MAINT.</th>
<th>CRASH INDICAT.</th>
<th>ISS Score</th>
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### BCT, Inc.

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<tr>
<td>Nov. 7, 2017</td>
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<tr>
<td>Dec. 6, 2017</td>
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### Company

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</tr>
<tr>
<td>Nov. 7, 2017</td>
<td>2%</td>
</tr>
<tr>
<td>Dec. 6, 2017</td>
<td>1%</td>
</tr>
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</table>

Inc = Inconclusive  No Vios = No Violations  * = Exceeds

| Improving | Alert |

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## December Anniversaries

<table>
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<th>Location</th>
<th>Start</th>
<th>Years</th>
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<tr>
<td>ARAIZA, OMAR</td>
<td>Wallula BCT</td>
<td>12/19/2007</td>
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</tr>
<tr>
<td>BLANCHARD, ROBERT</td>
<td>DeRidder Trkg</td>
<td>12/17/2010</td>
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<td>12/21/2004</td>
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<td>GONZALEZ, ERISBEL</td>
<td>Wallula BCT</td>
<td>12/18/2007</td>
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<td>HELWIG, ROBERT</td>
<td>Allentown Trkg</td>
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<td>HERRING, NELS M</td>
<td>Wallula Trkg</td>
<td>12/19/1996</td>
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<td>KAY, JEFFERSON</td>
<td>DeRidder Trkg</td>
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<td>MARTIN, FREDERICK W</td>
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<td>DeRidder Trkg</td>
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<td>THARP, BRETT F</td>
<td>Vancouver Chips BCT</td>
<td>12/4/2009</td>
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<tr>
<td>ZAMUDIO, CERVANTES C</td>
<td>Wallula Container P&amp;N (CENTLN)</td>
<td>12/1/2014</td>
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</tr>
</tbody>
</table>
Waco’s Dunnahue gets 8-point Axis hunting in Texas

In one outing, Stephanie Dunnahue and her boyfriend John Proctor located the herd of Axis deer. But the prize came during the next trip when she and John tracked and shot the prized buck.

While her dad was a hunter, Stephanie’s interest has grown over the last couple of years. And year-round hunting of Axis opens many opportunities.

They purchased a deer lease this year with many animals and, although regulated by the state of Texas, there is an interest in reducing and controlling number of what is called an exotic breed of deer.

With a wind advantage and sun at their backs, they tracked the animal to within 100 yards. The plan was for Stephanie to take the shot but John had a better look. His shot was followed by Stephanie’s kill shot.

Many think that meat from Axis deer is better than deer native to Texas like Whitetails. Stephanie might agree.

When butchered, the deer provided steaks, hamburger, smokies and jerky slices. Stephanie recently made up four pounds of jerky.

Axis deer were introduced as game meat in 1932, imported from India. They were raised on farms or controlled hunting sites. But once they escaped, they competed for available habitat with whitetails. In addition, the Axis have increased resistance to native diseases which allow them to flourish.

So, Stephanie and John plan to do their part of reduce numbers of the Axis...they plan another hunt before the end of the year.
Altvater gets $200 for clean inspections

Four BCT Owner-Operators received five clean inspections this month with Chip driver Terry Altvater receiving two perfect inspections. He’ll receive $200 dollars on his settlement, $100 for each clean inspection.

Quality pre-trip and post-trip inspections by the people on this list is usually the safety effort that insures against violations. Thanks to these drivers for their efforts to inspect and keep their trucks in the safest possible condition.

<table>
<thead>
<tr>
<th>Driver</th>
<th>Truck #</th>
<th>Fleet</th>
<th>Date of insp</th>
</tr>
</thead>
<tbody>
<tr>
<td>Robert Baxter</td>
<td>06717</td>
<td>Southern</td>
<td>10/25/2017</td>
</tr>
<tr>
<td>Stephen Lasley</td>
<td>08711</td>
<td>Southern</td>
<td>10/26/2017</td>
</tr>
<tr>
<td>Jose Lara Jimenez</td>
<td>03584</td>
<td>Chips</td>
<td>11/7/2017</td>
</tr>
<tr>
<td>Terry Altvater</td>
<td>03602</td>
<td>Chips</td>
<td>11/18/2017</td>
</tr>
<tr>
<td>Terry Altvater</td>
<td>03602</td>
<td>Chips</td>
<td>11/21/2017</td>
</tr>
</tbody>
</table>

Winter brings tough road conditions.

Most accidents can be avoided if you slow down and increase following distance.

Openings now available!

BCT's Driver-to-Driver Recruiting Program

“Finding good Owner-Operators is important to BCT and we feel our own drivers may be the best source of new people who meet tougher new CSA standards.”

Recommend a driver to BCT and earn cash!

$500 when they sign on
$500 after six months
One cent for every mile they run

Call Recruiting Manager
Pat Robinson
800-544-5989, Opt. 5
A company driver was backing into the dock at Garland, Texas when the trailer door caught the mirror on a parked tractor November 8.

A spotter was making a right hand turn at the docks in DeRidder November 12 when the trailer became unhooked and hit the ground. Damage in the early evening incident was limited to the landing gear.

The muffler, right back corner and protective pole of a yard mule at Waco was damaged when the trailer he was towing moved forward. The driver said he thought the trailer was hooked up correctly when it moved forward, hitting he mule in the November 15 nighttime accident.

A company truck was driving on Highway 7 near Centerville, Texas the afternoon of November 20 when another semi crossed the center line. The mirror of the PCA tractor was damaged.

An Owner-Operator was stopped on ice covered I-80 wetbound near Laramie, Wyoming November 18 due to an accident. When he started to move forward, he lost traction and slid backwards into the vehicle behind him. The BCT trailer was not damaged but the grill and bumper of the Kenworth behind it was damaged.

A company driver hit another company vehicle the morning of November 22 in the PCA Industry yard. One was making a wide right turn as the other approached the intersection to make a left turn. A trailer received minor damage and the tractor it hit received damage to the right side fender.

For Allentown Terminal Manager Shaun Reilly, working safely allows him to “spend uninterrupted quality time with family around the holidays.”

At BCT, we work safely every moment of every day to be certain we return to our loved ones.
Kudos

One way we thank others for their help making our business work and better serving our customers safely.

She’s proactive and accommodating

From Mike Hayes
BCT Operations Mgr.

I received this email from Cassie Wood in PCA corporate transportation about changing an Office Depot load. Amy Barron, Terminal Manager at Jackson, has been very proactive and accommodating regarding OD loads, and it is noticed and appreciated. Thanks Amy

From Cassie:
Hey there. I just wanted to give a shout out to Amy for reaching out about this load. It did end up needing to be diverted. Amy has diverted a couple of loads recently for Office Depot and it’s appreciated. Thanks!

Driver recovers two steer tires

From Pat Robinson
BCT Recruiting Mgr.

I wanted to say thank you to Philip Forde for going out of his way to recover two steer tires for us on November 10 in Houston. I appreciate you taking the time to assist.

Fate and Amaya handle tough jobs

From Abel Franco
Industry Terminal Mgr.

I’d like to thank Industry logistics carriers Glenn Fate and Jose Amaya for doing a great job. Both drivers cover some of our toughest and tightest schedules, and are always safe and on time. We are very fortunate to have both drivers on our team.

Jesse Corona completed the three-day Paccar MX engine training at the Kenworth training facility in Renton WA last month. With the training he received we will be able to get the KW diagnostic software for the fleet.

-Kevin Franckowiak
Wallula Shop Manager

BCT FOURTH QUARTER

This is a fact: Seat belts save lives and protect you from personal injury.

More than 30 percent of truck occupants who are fatally injured were not wearing their seat belts.

But there are many misconceptions among truckers about the use of seat belts. This video dispels the myths.

Go to: www.protread.com/
1. Click Pro-Tread “User Login”
2. Login:
   • User ID: YourName (no space between names)
   • User ID: YourName (again, exactly the same)
   • Site ID: Type in “200744”
3. Click “Login”
4. Chose “Lesson Menu”
5. Choose “All Lessons By Title”
6. Choose “Seatbelts”
7. Disclaimer ... Choose “Accept”
8. Lesson loads and starts automatically
9. You see “Congratulations” when completed.

Click “Stop” button to get credit for completing the lesson.
A 230-yard shot

Wallula’s Jean Blevins bags antelope in first outing

Now, when she fixes dinner for the men in her life, Jean Blevins playfully complains..."I have to shoot it, bring it home AND cook it."

Jean, who has worked in administration at the Wallula Terminal since shortly after high school, shot her first Pronghorn antelope this season.

The animal was taken during a trip to the Owyhee Mountains of southeastern Oregon.

It wasn’t like she was new to hunting...her husband Mike is an avid sportsman and sons Trey and Chase have followed suit.

But this was the first big game trophy for Jean and she used a borrowed rifle to make her 230 yard heart shot.

"I shot the gun once before when I sighted it in," Jean said. That was a bullseye.

The first surprise was that she even drew the tag to hunt pronghorns. Oregon only offers about 2,500 tags each year spread across rifle, archery and muzzleloader hunts. Typically it takes several years of accumulating preference points to draw a tag.

A tag on the first try, a bullseye on the first shot and a successful hunt on her first outing...seems to be a pattern.

Jean had been hunting with her family and friends in the past but now she plans to do more than just enjoy the outdoors and the good company. She’s planning to apply for elk and deer tags in the future.

She said the animal she shot produced about 100 pounds of hamburger which she says is very good.

Mike will process the skull with attached antlers into a European mount, a hobby he has used to preserve many other trophies for himself and friends.

Jean said it was particularly nice to get her first animal “and have all the boys there.”
Several risks face drivers who must chain their rigs

Drivers in the Northwest are used to chaining traveling through I-90 or the Blue Mountains and the notorious Cabbage Hill. And drivers out of Allentown and Columbus can see plenty of ice and snow for long periods of time. When drivers from the south venture into snow country, they need to consider several safety concerns.

Whether chaining is part of your daily routine in winter or an activity you must do only occasionally, there are special hazards in handling chains, being exposed to traffic and dealing with sometimes extreme weather issues. Be safe and remember some of these chaining safety tips.

- Inspect your chains for defects at the beginning of each winter season and after each use.

- Practice chaining each truck you drive.

- Know the chain laws in the state where you are operating.

- Use DOT provided chain-up areas or pull as far off the road as possible.

- Stay drier while chaining by using a small tarp or sheet of plastic to lay or kneel on.

- Keep a flashlight or miners lamp and back-up batteries in your truck.

- Keep extra food, water, medications and clothing (especially socks) in your truck in case you are stuck for an extended period of time.

- Wear reflective clothing when outside the truck.

- Keep footwear with extra traction (or pull-on ice cleats) in your truck and change into it before exiting the cab.

- Always wear gloves to maintain your grip and protect your hands.

- Don’t turn your back on traffic while outside the truck.

Be prepared for winter!

Ice cleats prevent slips & falls

Pull-on ice cleats are proven to provide secure footing in ice and snow. They are required for all company drivers.

If you’re working on a surface that is slick from ice and snow, ice cleats provided by the company are a required part of your PPE (Personal Protective Equipment).